

LOOKS BEAUTIFUL NEWS

Hello everyone, I can't believe the time has come around again already for this months newsletter. As always we have lots of fantastic offers for you to enjoy. I think I've excelled myself this month, even if I do say so myself.

Not a lot of you may be aware but October pays host to **National Chocolate Week** which runs from 12th-18th. To celebrate this little known fact we're introducing not one but two chocolate packages (yay!) which so many of you seem to love. We've got the **The Bounty Luscious Experience**, plus the **Chocolate & Rose Package**

October is also **National Walk to School Month** so we have a promotion on pedicures to get those feet in tip top condition.

Finally, October is also **National Breast Cancer Awareness Month** so we acknowledge this with a special 'Think Pink Treatment'

October seems to have lots going on as we are introducing Spray Tanning into the salon. We do our training on 9th October and myself & Leanne especially are looking forward to having a bit of colour for once.



What's New

Congratulations to Jo & her boyfriend Ben on their new arrival. Elise Ellen joined them on Friday 25th September weighing in at 6lb 11oz. Mother & baby are both doing well.

Think Pink Treatment

- *Rose & Geranium Exfoliating Body Scrub
- *Grapeseed, Rose & Geranium Body Massage
- *Rose & Geranium Body Butter Wrap
- *Tingling yet relaxing Scalp Massage

Total Value £85.00.
You pay just £45

What's so good about chocolate?

-Chocolate has many benefits. For instance, did you know...?

-Chocolate has twice as many anti-oxidants as green tea! In fact, dark chocolate has more "flavonoids" than any other anti-oxidant rich food, including red wine and blue berries!

-Chocolate contains essential nutrients including iron, calcium, potassium and magnesium

-Chocolate contains Vitamins A, B1, C, D & E

-Dark chocolate is effective in the treatment of mild hypertension

-Chocolate is a fast-acting energy-providing food that helps your body to release serotonin and endorphins - your "feel happy" chemicals!

A-Z of Beauty

F is for...

Facials

The benefits of facials are many—they can rejuvenate the skin, wake up a sluggish circulation, reduce puffiness around the eyes and enrich your complexion with radiant good health. All of our facials include either a deeply relaxing scalp or hand & arm massage whilst your treatment mask works its magic. All of our facials are customised to suit all skin types & conditions.



Chocolate & Rose Package

*Smoothing Chocolate Vanilla

Exfoliating Body Scrub

*Anti-Ageing Chocolate Facial

*Indulgent Chocolate & Roses

Back, Neck & Shoulders Massage

*Stress Busting Head, Neck &

Shoulder Massage

Total Value £97.25

You Pay only £50,

SAVING £47.25

The Bounty Luscious Experience

Just like a bounty chocolate bar this coconut and chocolate combination will make you feel like you are in paradise.

*First of all your legs are exfoliated with an **Exotic Coconut Body Polish** made up of desiccated coconut flakes, coconut milk and coconut oils

*Next, relax and drift away with a **Bounty Chocolate Bar Back, Neck & Shoulders Massage**

*A **Fizzing Cocoa Bean Mask** is then applied to your back

*While the mask works its magic you will be in paradise with a **Coconut Oil Foot & Leg Massage**

Total value £73.50

You pay £47

Like Mother, Like Daughter

Bring Your Grand/Daughter To The Salon

Book in for a Gold Pedicure at £30 & your grand/daughter gets pampered as well. Your Little Princess will be treated to a Mini Pedicure (file & polish) for FREE, saving £15.

Limited availability on this offer, so be quick to book



Coconut Ice

Ingredients:

50g sweetened condensed milk
250g icing sugar, sifted, plus extra for dusting
200g dessicated coconut
red food colouring

Mix together the condensed milk and icing sugar in a large bowl. Work the coconut into the mix until it's well combined.

Split the mix into two and knead a very small amount of food colouring into one half. Dust a board with icing sugar, then shape each half into a smooth rectangle and place one on top of the other. Roll with a rolling pin, re-shaping with your hands every couple of rolls, until you have a rectangle of two-tone coconut ice about 3cm thick.

Transfer to a plate or board and leave uncovered for at least 3 hrs or ideally overnight to set. Cut into squares with a sharp knife and pack into bags or boxes.

Thank You to all of our wonderful clients that have been referring friends and family since we launched our Queen Of Referrals programme. We hope you all enjoy spending the gifts you get. Remember the more referral cards you give out, and that come back the more gifts you personally receive :-)

...and the winners are...

Congratulations to our lucky client that saw Hayley for the 1st time last month and who gets to have those same treatments this month FREE. Hayley has been very popular with our clients. In particular the clients that have enjoyed a facial or massage have honestly and literally been **AMAZED**. This is what just four of her clients had to say;

"1st time treatment with Hayley. Very, very nice, usually with Jo, so was a little scared. But didn't need to worry at all. Her care & consideration was lovely — will come again soon. Thank you". Sue Mc

"Beautiful Back Treatment. Was lovely. Thank You Hayley" Cheryl M

"Hayley, Thank You for a lovely facial & body scrub. Very relaxing!!!" Love Laura M

"Lovely relaxing facial. Excellent Coconut Body Scrub" Wendy O

If you want to win a FREE treatment yourself next month, all you need to do is book any treatment (not your usual one/s) with Hayley or our new therapist Leanne. We will draw 1 winner for this easy peasy competition so make sure you book your appointment soon as once they book out, you miss your chance of a FREE treatment.